

## **NIGHT TIME** **(5 Actors)**

*(TYLER sits up in bed and calls to their parents off-stage.)*

**TYLER:** Goodnight! *(TYLER turns off the light.)* Just close your eyes and go to sleep. You got this.

*(ANXIETY enters)*

**ANXIETY:** Did you remember to do all of your homework?

**TYLER:** What? Uh, yeah. I think so.

**ANXIETY:** But did you do a good job? Do you think it's perfect? It should be perfect, right? What if it's not perfect?

**TYLER:** I tried really hard.

**ANXIETY:** Hard enough?

**TYLER:** I don't know.

*(REGRET enters.)*

**REGRET:** Why did you tell the teacher you were afraid of flying today? That was a pretty weird thing to say. I think she rolled her eyes when you said it.

**TYLER:** I... I wish I didn't say that.

*(FEAR enters.)*

**FEAR:** Airplanes are terrifying! You should be afraid of flying! It's not natural for humans to fly!

*(CRITICISM enters.)*

**CRITICISM:** Don't be a wuss. Stop being so scared of everything.

**TYLER:** Sorry. I -

**ANXIETY:** Uh oh. You're not sleeping. You should be sleeping. It's getting really late.

**TYLER:** I'm trying!

**ANXIETY:** When you don't sleep enough you get sick.

**FEAR:** Oh no! Not sick! You hate being sick!

**REGRET:** You didn't sleep last night either. You should have gone to bed earlier.

**CRITICISM:** Just close your eyes and go to sleep like a normal person!

**ANXIETY:** Oh no! What if we're not normal?